

THE IMPACT OF YOUR GIVING

in support of

The Mindy Ellen Levine Behavioral Health Center

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The Leon Levine Foundation





The Mindy Ellen Levine Behavioral Health Center

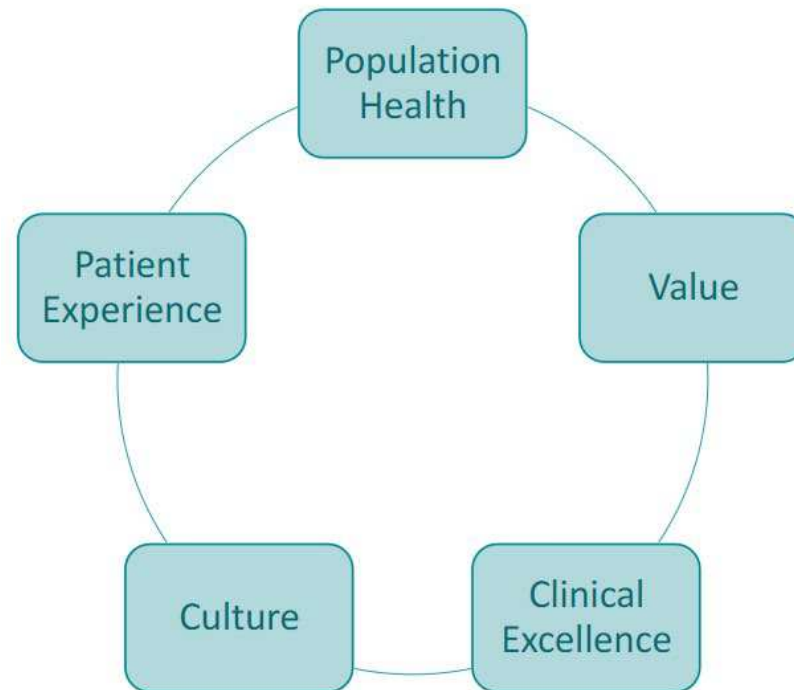
Behavioral health is an essential piece of Atrium Health's ongoing commitment to treating the whole person and promoting wellness in all forms. The Mindy Ellen Levine Behavioral Health Center's (MELBHC or Center) team of care givers and staff continue to provide inpatient and outpatient services to thousands of patients from throughout the region who struggle with behavioral health issues and substance abuse disorders. From programming and facility improvements to community outreach and patient support, MELBHC teammates are committed to destigmatizing mental illness and increasing awareness of behavioral health issues.

Making an Impact

Every day at the MELBHC, we see firsthand the positive results the Center has on our patients, their families, and our staff. As a direct result of the Levine family's generosity, Atrium Health continues to deliver the highest-quality care and resources to patients and community members. The lives of those served by the Mindy Ellen Levine Behavioral Health Center are truly improved and restored thanks to your generous commitment to mental health.

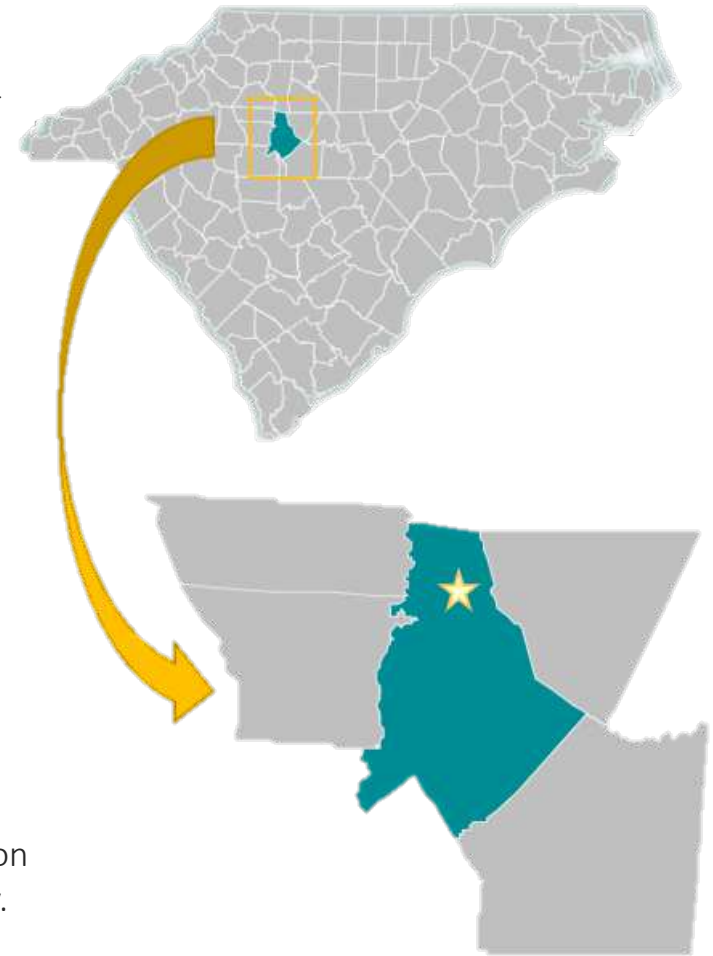
Vision

Atrium Health Behavioral Health Service Line will develop a transformative, clinically integrated, and sustainable system of high-quality, patient-and family-centered care to serve the Behavioral Health needs of patients, their families and the community.



Facility Overview

- State of the Art Inpatient Psychiatric Hospital opened on April 7, 2014
- 66-bed acute psychiatric inpatient facility for adults
- 3 nursing units with all private rooms
- Primary clinical focus is for the treatment of mood disorders such as major depression and bipolar disorder
- One unit devoted to dual-diagnosis treatment for patients with acute psychiatric illness and co-occurring substance abuse issues
- One unit specializes in maternal wellness for women struggling with mental illness during pregnancy
- Hospitalists work 7 days on/7 days off, Tuesday – Monday
- Peer support specialists provide patient perspective to team, education for patients and serve as patient advocate and role model of recovery.



Facility Amenities

- Comfort Lounges on each nursing unit provide patients with a space to decompress and practice coping skills
- On site gymnasium provides space for physical activity through recreational therapy
- Inner courtyard with walking labyrinth allows patients to go outside and participate in therapies while enjoying nature
- Discharge readiness group helps prepare patient for transition to outpatient setting





2022 Highlights

- Cared for 2,836 patients in our inpatient units and cared for 11,084 in outpatient visits
- Inpatient Occupancy rate = 92.5%
- Average Length of Stay = 7.5 days

Thanks to the Levine Family's generosity, we:

- Reprinted behavioral health workbooks that are integral to patient/group therapy
- Purchased Recreational Therapy and Occupational Therapy supplies used in individual and group therapy
- Maintained a supply of Code Lavender interventions to assist with staff stress and compassion fatigue
- Added a picnic and respite area on the campus
- Installed Security podium in front lobby to enhance services for patients, visitors, and teammates

Carolinas Psychiatry and Behavioral Wellness Outpatient Care

- Adult, child and adolescent outpatient therapy by clinical therapists and psychiatrists
- Peripartum/postpartum behavioral health group therapy program started in August 2017
- Psychological testing available
- ECT and TMS consultation and assessment available

Electroconvulsive Therapy

- Inpatients at the Mindy Ellen Levine Behavioral Health Center can receive evaluation, assessment and initiation of ECT
- Patients are transported to Atrium Health Huntersville outpatient surgery center for initiation of therapy
- Therapy continues as outpatient



Maternal Wellness Program

An innovative wellness program for mothers during and after pregnancy

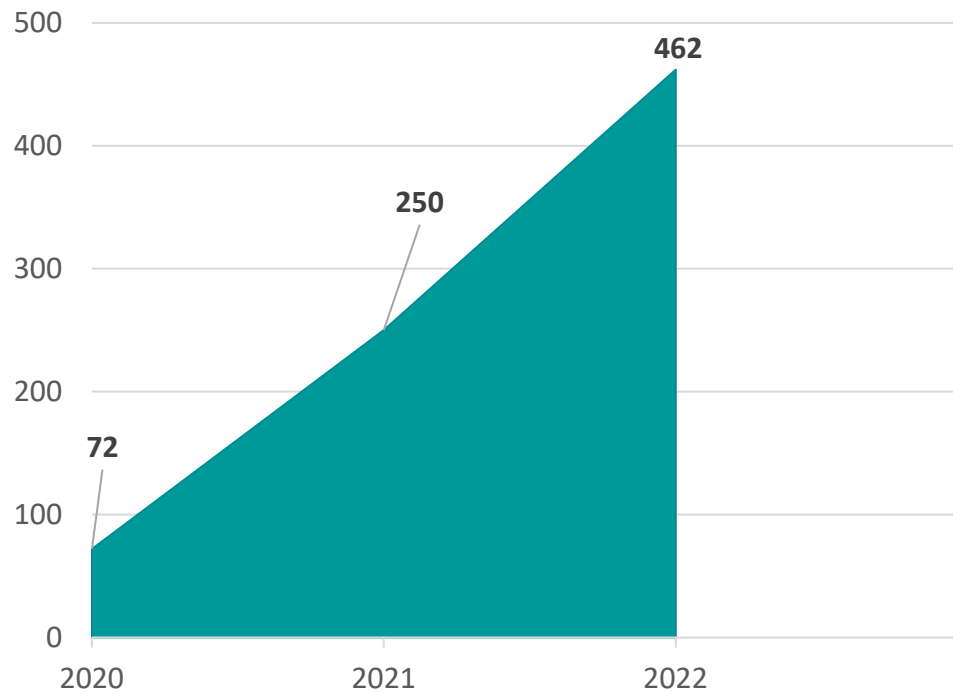


- Established in August 2017, the program aims to decrease the mother's stress and increase her positive thoughts and behaviors.
- Weekly group therapy and individual counseling for expecting and new moms
- Virtual Program offered during pandemic, allowing moms and babies to stay safely in their homes and still receive supportive care

Highlight

85% increase in Maternal Wellness Program participants from 2021 to 2022, attributed to maintaining the option of virtual counseling

Total Patients in Outpatient Maternal Wellness Counseling
(virtual, individual and/or group)



Supporting the Community

Second Harvest Food Bank “Sort-A-Rama 2022”

Teammates at the MELBHC partnered with Second Harvest Food Bank to assemble thousands of meals for distribution to families in need.




Picnic & Respite Area

The picnic and respite area, located in a picturesque pocket on the MELBHC campus, is open to outpatients, visitors, and teammates. The area is intended for use to enjoy meal breaks, pleasant weather, and the therapeutic benefits of the peaceful surroundings.







*On behalf of the Mindy Ellen Levine Behavioral Health Center,
our patients, their families, and our teammates,
we express our sincerest appreciation to the Levine family.*

THANK YOU

*for your investment in Atrium Health
and your incredible commitment
to patients and families in our region*