

HOSPICE & PALLIATIVE CARE OF CABARRUS COUNTY'S
INTERLUDE MUSIC PROGRAM PRESENTS

Creativity and Innovation in Music for Hospice and Healthcare: A Series of Webinars

PROGRAM DESCRIPTION

Many innovative and creative opportunities have emerged from the limitations caused by the COVID-19 pandemic. Hospice & Palliative Care of Cabarrus County is offering a series of six webinars from nationally acclaimed artists and clinicians that explore diverse genres of music for use in bringing comfort and healing to patients and caregivers. Registration will be for the entire series, and recordings will be available for any missed sessions. Participants can earn 9.0 contact hours of continuing education credit.

CLINICIANS & SCHEDULE

Extremely Slow Airs | October 9, 2021 • 1 – 2:30 p.m. ET | *Kim Robertson*



Kim Robertson will share a sampling of slow tempo traditional tunes that exemplify the peaceful but poignant beauty of Celtic airs. She'll also demonstrate some simple accompaniment patterns to maintain a calming rhythmic lilt under the melody that allow the full resonance of the harp to come through.

Kim is a performer, arranger, recording artist and pioneer of the folk harp in North America. In a style uniquely her own, she brings a contemporary, improvisational touch to a centuries-old instrument, performing traditional melodies from Ireland, Scotland and America. Her work encompasses numerous recordings, published harp arrangements and an international itinerary of concerts, workshops and retreats.

Basic Tools for Adding a Touch of Jazz to Your Arrangements | November 13, 2021 • 1 – 2:30 p.m. ET | *Cindy Horstman*



Cindy Horstman will help webinar participants explore easy ways to incorporate jazz-based harmonies into their arrangements.

She has been performing, recording, writing and arranging for the past four decades. Classically trained, Cindy has a Master of Music degree in harp performance from the University of Texas at Austin and is a prize winner in the Lyon & Healy International Jazz Harp Competition. Cindy is the founder, director, composer and arranger of The Dallas Jazz Harp Ensemble and the 13-member Brookhaven College Harp Ensemble in Dallas, Texas.

Video Greeting Cards for Hospice and Healthcare | December 11, 2021 • 1 – 2:30 p.m. ET | *Deborah Henson-Conant*



Deborah Henson-Conant has adapted her innovative Video Holiday Greeting Cards project for the therapeutic music setting. Instrumental and vocal participants will receive step-by-step instruction on how to create a personalized message with comforting music to connect with patients and caregivers.

Deborah is a GRAMMY®-nominated singer and electric harpist. She's known for her on-stage image, her humor, passion and innovation and for the electric body-harp she invented. She created Hip Harp Academy to help harpists worldwide develop their own unique expression through improvisation and self-expression. See her TEDx talk at [TEDxDHC.com](https://www.tedxhdc.com).

Hospice Singing - Virtual and Otherwise | January 8, 2022 • 1 – 2:30 p.m. ET | *Peter Amidon*



Peter Amidon will guide participants in a virtual choir performance. The workshop will also include participatory singing of songs for hospice settings and a discussion that includes rehearsal strategies and song arrangement specific to hospice singing groups.

Peter is a founding member and music co-director of Hallowell, the Southeastern Vermont hospice group that inspired and influenced the formation of scores of hospice singing groups in the US, the UK, Australia and New Zealand. He created over 100 virtual choir pieces throughout the COVID-19 pandemic as the choir co-director of the Guilford (VT) Community Church UCC.

An Art Immersion: Music, Art, Poetry, Nature | February 12, 2022 • 1 – 2:30 p.m. ET | *Lorinda Jones, MT-BC*



Lorinda Jones will teach an Irish lullaby and techniques on how to extend this lullaby with harmonic improvisation. In her workshop, she will prompt participants to discover what aspect of nature is representative of them and their service to others and how it is reflected in music, poetry, images or verse.

Performing songs on the mountain dulcimer and Celtic harp, Lorinda is passionate about connecting with others through Kentucky roots music. Her love for music and learning have led her to build a fulfilling life and career as a music therapist, music educator, performer, composer, recording artist and publisher.

Love Songs and Lullabies from Jewish Tradition | March 12, 2022 • 1 – 2:30 p.m. ET | *Kathleen Blackwell-Plank, MSW, ACCM*



Kathleen Blackwell-Plank will help enhance cultural sensitivity as singers and instrumentalists learn love songs and lullabies from Jewish tradition. Therapeutic qualities of the music and ways to extend arrangements with improvisation will be explored.

Kathleen is a social worker with over 22 years of experience in providing hospice care including therapeutic music, healing arts and integrative modalities. She completed her Advanced Clinical Musician Certification through the Harp for Healing Program. Kathleen founded the Interlude Music and Arts Program at Hospice of Cabarrus County in 2005.



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