

HOSPICE & PALLIATIVE CARE OF CABARRUS COUNTY'S  
INTERLUDE MUSIC PROGRAM PRESENTS

## New Visions for Music in Hospice and Healthcare: A Series of Webinars

### PROGRAM DESCRIPTION

The COVID-19 pandemic has drastically changed the landscape of our lives. This year instead of an in-person workshop, Hospice & Palliative Care of Cabarrus County will be offering a series of six 1.5-hour virtual webinars. Artists will share musical expertise and technical know-how to guide singers, harpists and musicians through the challenges of utilizing devices to record and share music. Registration will be for the entire series, and recordings will be available for any missed sessions. Participants can earn 9.0 contact hours of continuing education credit.

### CLINICIANS & SCHEDULE

#### Basic Tools for Virtual Music in Hospice Care | October 10, 2020 • 1 – 2:30 p.m.

*David Palmer, PhD*

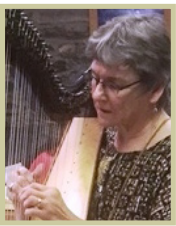


David Palmer will lead participants through the process of creating a composite choir or ensemble using common devices in the home. Participants will learn arrangements of traditional tunes to add to their repertoire of comforting music.

Palmer teaches, performs, composes and records music in a variety of styles, instruments and contexts. Living in Arlington, Va., he continues to work as the music director of a church in Hamilton, Ohio, where all services have been online since March. Palmer graduated from the Eastman School of Music with a PhD in Music Theory.

#### Introduction to Gregorian Chant for Therapeutic Musicians | November 14, 2020 • 1 – 2:30 p.m.

*Melinda Gardiner, RN, CMP*



This webinar provides a brief history of the ancient notation of Gregorian Chant and focuses on the underlying principles of chant as “sung speech.” Using the eight Gregorian modes, participants will experience how non-metered chant provides possibilities for composition and improvisation in therapeutic music.

Melinda Gardiner is a singer, player of the lever harp, liturgical musician, registered nurse and Certified Music Practitioner (CMP)<sup>®</sup>. She has been offering therapeutic music to patients since 1990 and has been a member of the faculty of the Music for Healing & Transition Program since 1997.

#### Personal Connection in a Digital World: Creating Audio Recordings with Images | December 12, 2020 • 1 – 2:30 p.m.

*Matt Presson, BA*



Matt Presson will guide participants in how to utilize common electronic devices in the home to record themselves along with a “leader” audio track. Ways to personalize the audio with photographs and inspirational sayings will be explored.

Presson, who has a BA in Music from Virginia Commonwealth University, is a singer and multi-instrumentalist who has been leading music in a wide variety of church and summer camp settings for the past 22 years. As an audio engineer and A/V consultant, he has helped many groups negotiate the intersection of music, worship and technology.

#### Lullabies to Provide Comfort in Hospice Care | January 9, 2021 • 1 – 2:30 p.m.

*Kathleen Blackwell-Plank, MSW, ACCM*



Harpists, singers and instrumentalists will expand their repertoire of comforting music drawing on the wealth of folk songs from different traditions.

Kathleen Blackwell-Plank is a former member of the Charlotte Symphony. She has over 20 years' experience as a social worker in hospice care and is credentialed through the Harp for Healing Program as an Advanced Certified Clinical Musician. She founded the Interlude Music Program of Hospice & Palliative Care of Cabarrus County more than 15 years ago and is a prolific arranger of music for harp, choir and instruments.

#### Arranging Ethnic Folksong | February 13, 2021 • 1 – 2:30 p.m.

*Deborah Dahl Shanks, MA*



Participants will explore folk songs from three different cultures: Native American, Japanese and English traditions. They will learn how to work from a single line melody to determine tonality and how to remain true to the musical style in creating their own arrangements.

Deborah Dahl Shanks, MA is a retired associate professor of Music from Diablo Valley College, Pleasant Hill, Calif. She has a bachelor's degree in Humanities and a master's degree in Music from California State University, East Bay. For the past 10 years, she has been a prolific arranger of music for choir, handbells, guitar, ensembles and harp.

#### Asian Music: The Beauty of the Pentatonic for Relaxation | March 13, 2021 • 1 – 2:30 p.m.

*Deborah Dahl Shanks, MA*

In this session, Deborah Dahl Shanks will provide the history of traditional Asian folk songs, discuss style and explain the modal quality of Asian music using the pentatonic scale.



This program is supported by a grant from the Grassroots Arts Program of the North Carolina Arts Council, a state agency, and the Cabarrus Arts Council.

